



ALAIA CAMPS WINTER 2023-2024 - PROGRAMM SNOW CAMPS

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
08:30	Willkommen Ride Only					
08:45			Transport Chalet - Kletterwand Moubra			
09:00	Einführung in GoPro	Gruppenbild in den Bergen	Kletterwand @ Moubra	Discovery Ski Domain of Crans-Montana	GoPro Editing	GoPro Editing / Coaching Session Trampolin / Skate / Scooter
09:30	Aufwärmen	Snow Session 2 "Park & Pipe"				
10:00	Coaching Session Trampolin / Skate / Scooter				Coaching Session Trampolin / Skate / Scooter	Video-Präsentation
10:30						
11:00						
11:30						
12:00	Mittagessen	Mittagessen @ Restaurant Cry d'Er	Mittagessen	Mittagessen @ Restaurant Cry d'Er	Mittagessen	
12:45	Change	Easy ride zur Talstation	Change	Easy ride zur Talstation	Change	
13:00	Transport Chalet - Snowpark		Transport Chalet - Snowpark		Transport Chalet - Snowpark	
13:15	Snow Session 1 "Explore & Snowpark Rules"	Snow Session 3 "Videocoaching Snowpark"	Snow Session 4 "Park & Pipe"	Free Session "on snow" Ski Domain of Crans-Montana	Snow Session 5 "Enjoy"	
15:00					Tricks4Goodies	
16:30	Transport Snowpark - Chalet	Transport Snowpark - Chalet	Transport Snowpark - Chalet	Transport Snowpark - Chalet	Transport Snowpark - Chalet	
17:00	Snack	Snack	Snack	Snack	Snack	
17:30	Action Sports Free Session @Alaia Chalet	Analyse Videocoaching @Alaia Chalet	Free Session @Alaia Chalet	Analyse Videocoaching @Alaia Chalet	Free Session @Alaia Chalet	
18:00						
18:30						