



ALAÏA CAMPS SPRING / SUMMER / AUTUMN - PROGRAM DISCOVERY CAMPS											
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
07:30		Wake-up time	Wake-up time	Wake-up time	Wake-up time	Wake-up time	Wake-up time				
08:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast				
08:30		Welcome Ride only	Transfer Lodge - Chalet (8:45)	Walk Lodge - Station	Transfer Lodge - Chalet (8:45)	Transfer Lodge - Chalet (8:45)	Transfer Lodge - Chalet (8:45)				
09:00		Transfer Lodge - Chalet (9:00) / Presentation Ride only / GoPro Initiation	Photo all Kids & Coaches & Staff	MTB Crans-Montana (Lac Moubra)	Warm-up	Outdoor Activity (Piscine / Grimpe / Tie Dye / Minigolf / Free Session)	Warm-up				
09:30		Warm-up	Warm-up		Free Session @Alaïa Chalet		Free Session @Alaïa Chalet	Free Session @Alaïa Chalet			
10:00		Initiation & Basics Trampoline	Free Session @Alaïa Chalet						Transfer Crans - Alaïa Bay	Transfer Outdoor Activity - Chalet	Demo End of Camp / Best Edit Presentation
10:30											
11:00											
11:30		Lunch	Lunch	Lunch @ Twin Fin	Lunch	Lunch					
12:00											
12:30											
13:00											
13:30		Check-up & Pimp Material Warm-up	Transfer Alaïa Chalet - Alaïa Wakesurf	Beginner Surf Session @ Alaïa Bay	Transfer DH / Canyoning	Ping Pong/Pétanque Tournament					
14:00		Scooter Initiation									
14:30											
15:00											
15:30		Skate Initiation	Wakesurf (summer) / Realfly* (other seasons)	Snack @TwinFin	Option: DH Bikepark Crans-Montana / Canyoning la Raspille (Miège)	GoPro Editing / Free Session / Ping Pong / Pétanque					
16:00		Snack									
16:30											
17:00											
17:30	Welcome "Ride & Sleep"	Free Session	SUP (summer) / Free Session Alaïa Chalet (other seasons)	Transfer DH / Canyoning -> Lodge	Transfer Chalet -> Lodge						
17:30	Presentation Alaïa / Q&A										
18:00	Visit Alaïa Chalet (Parents) / Camp Rules (Kids)										
18:30	Transfer Chalet -> Lodge	Transfer Chalet -> Lodge	Transfer Bay -> Chalet -> Lodge	Transfer DH / Canyoning -> Lodge	Transfer Chalet -> Lodge						
19:00	Check-In Hotel Alaïa Lodge	Shower & Relax					Shower & Relax	Shower & Relax	Shower & Relax		
19:30	Diner	Diner					Diner	Diner	Diner		
20:00	Welcome Night / Evening Program	Evening Program : Outdoor Games (Ping Pong / Pétanque / KUBB, etc.) / Board Games / Movie Night / Quizz etc.	Evening Program : Outdoor Games (Ping Pong / Pétanque / KUBB, etc.) / Board Games / Movie Night / Quizz etc.	Evening Program : Outdoor Games (Ping Pong / Pétanque / KUBB, etc.) / Board Games / Movie Night / Quizz etc.	Evening Program : Outdoor Games (Ping Pong / Pétanque / KUBB, etc.) / Board Games / Movie Night / Quizz etc.	Goodbye Night / Evening Program					
20:30											
21:00											
21:30	Getting ready to sleep	Getting ready to sleep	Getting ready to sleep	Getting ready to sleep	Getting ready to sleep	Getting ready to sleep					
22:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime					