ALAÏA AUTUMN CAMPS - PROGRAM MOUNTAIN CAMPS							
	Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
08:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
08:15							
08:30		Ride Only Welcoming @ Alaïa Chalet	Ride Only Welcoming @ Alaïa Chalet	Ride Only Welcoming @ Alaïa Chalet	Ride Only Welcoming @ Alaïa Chalet	Ride Only Welcoming @ Alaïa Chalet	Ride Only Welcoming @ Alaïa Chalet
08:45		Transfer Lodge - Chalet	Transfer Lodge - Chalet	Transfer Lodge - Chalet	Transfer Lodge - Chalet	Transfer Lodge - Chalet	Transfer Lodge - Chalet
09:00		Go-Pro & Warm up	Warm up	Transfer Chalet - Bay	Warm up	Outdoor activity Climbing - Tie Dye - Minigolf - Free Session	GoPro Editing
09:30		Action Sports Free Session Trampoline @ Alaïa Chalet	Action Sports Free Session Skatepark indoor & outdoor @ Alaïa Chalet	Beginner Surf Session @Alaïa Bay	Action Sports Free Session @ Alaïa Chalet	Transfer outdoor activity - Alaïa Chalet	End of Camp Demo (Action) & Video (Surf&Mountain)
							Awarding of diplomas
12:00		Lunch	Lunch	Lunch @Twin Fin, Alaïa Bay	Lunch	Lunch	
13:00		Transfer Alaïa Chalet - Bike	Transfer Alaïa Chalet - Crans-Montana	Transfer Alaïa Bay - Realfly	Transfer - Climbing hall	Transfer Alaïa Chalet - Bike	
		Bike Crans-Montana @ Lac Moubra	Climbing @ Moubra	Session Skydiving Simulator @Realfly	Mountain Tours @ Violettes sector	Downhill @ Bike Park Crans-Montana	
				Transfer --> Alaia Chalet			
16:30		Snack	Snack	Snack	Snack	Snack	
17:00	"Ride & Sleep" Welcoming	Stretching & Relax @ Alaïa Lodge	Stretching & Relax @ Alaïa Lodge	Action Sports Free Session Alaïa Chalet	Stretching & Relax @ Alaïa Lodge	Stretching & Relax @ Alaïa Lodge	
	Visit Alaïa Chalet						
18:30	Transfer - shower & relax			Transfer - shower & relax			
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00	Welcoming Night	Evening Activities: Movie, Quizz, Boardgames, Outdoor games..	Evening Activities: Movie, Quizz, Boardgames, Outdoor games..	Evening Activities: Movie, Quizz, Boardgames, Outdoor games..	Evening Activities: Movie, Quizz, Boardgames, Outdoor games..	Goodbye Night	
22:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	