ALAÏA CAMPS AUTUMN / SPRING / SUMMER - PROGRAM ACTION CAMPS

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:30		Breakfast & transfer	Breakfast & transfer	Breakfast & transfer	Breakfast & transfer	Breakfast & transfer	Breakfast & transfer
09:00		Warm-up	Group photo & Warm-up		Warm-up		Warm-up
09:30		Explore & Basics Alaia Chalet Skate - Scooter - Trampoline	Progression Alaïa Chalet Skate - Scooter - Trampoline	Surf Session Alaia Bay Session skydiving Realfly	GoPro filming Skate - Scooter - Trampoline GoPro editing	Outdoor activity Pool - Climbing - Tie Dye - Minigolf - Free Session	Preparation Demo end of camp End of Camp Demo
						Transfer outdoor activity - Alaïa Chalet	Graduation Ceremony
12:00		Lunch	Lunch	Lunch Alaïa Bay	Lunch	Lunch	
		Workshop check-up & pimp matériel Warm-up	Conference with Pro-Riders Warm-up		Ping Pong Tournament	End of Camp Demo Ideas & warm-up	
13:00		Explore & Basics Alaïa Chalet Skate - Scooter - Trampoline	Video coaching Skate - Scooter - Trampoline Initiation Parkour	Surf Session Alaia Bay Session skydiving Realfly	GoPro filming Skate - Scooter - Trampoline GoPro editing	GoPro filming GoPro Editing Scooter - Trampoline GoPro Editing & Preparation Demo end of camp	
				Transfer -->Alaia Chalet			
16:30		Snack	Snack	Snack	Snack	Snack	
17:00	"Ride & Sleep" Welcoming Visit Alaïa Chalet	Action Sports Free Session Alaïa Chalet	Action Sports Free Session Alaïa Chalet	Action Sports Free Session Alaïa Chalet	Action Sports Free Session Alaïa Chalet	Action Sports Free Session Alaïa Chalet	
18:30	Transfer - shower & relax	Transfer - shower & relax	Transfer - shower & relax	Transfer - shower & relax	Transfer - shower & relax	Transfer - shower & relax	
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00	Welcoming Night	Movie Night	Outdoor games (Ping Pong / Petanque / KUBB)	Game night	Quiz night	Goodbye Night	
22:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	